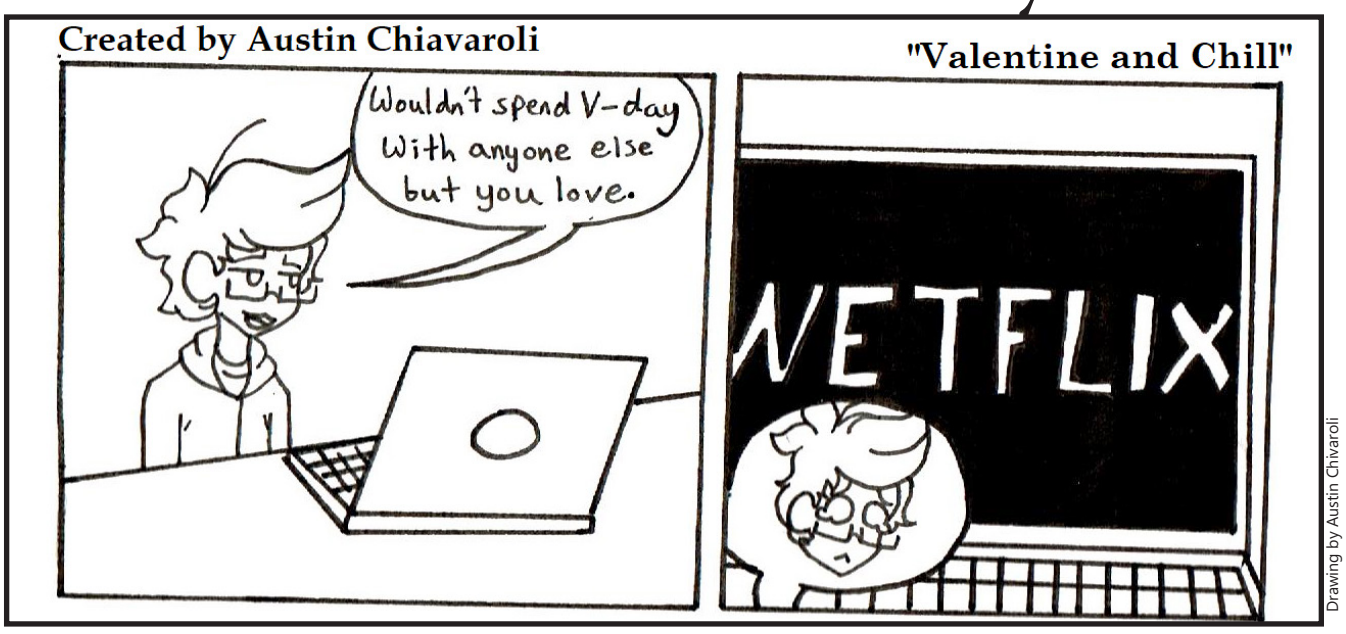
The Lions' Pride

Saint Leo University • Friday, February 9, 2018 • Volume LVII No. 18 • Since 1965

Beat Those Valentine's Day Blues



Drawing by Austin Chivaroli

Many persons will not have a Valentine this year, but there are several options that exist to show oneself love.

By Emily Kochanski
Campus News Editor

For some singles, Valentine's Day can be one of the loneliest days of the year. But fear not! There are plenty of activities to help single folks keep those spirits high, even when surrounded by googly-eyed couples.

1. Spend the day with friends and family.

Platonic loved ones are there to remind you that, though you're feeling lonely, you are never alone. Take in a movie with your best buds or hit the mall with some gal pals. Engaging in group activities, especially with fellow singles, will help boost your morale.

2. Treat yourself to your own version of romance.

Don't ignore the holiday, embrace it! Get into the romantic spirit with some of your favorite love songs or rom-coms. Even go as far as dressing for the occasion. Put on that snazzy outfit that makes you feel confident and beautiful or handsome, then go strut your stuff for that certain someone you may be crushing on; you just might grab their attention.

3. Veg out.

Make Valentine's Day a "You" day. Put on your comfiest clothes and make it a Netflix day. Just relax with your favorite comfort foods and let the day run its course.

4. Engage yourself in an activity that you love.

Take the time to re-discover a long-forgotten hobby or interest, or even find a new one. Find that special activity that will keep you occupied and bring you joy; who knows, maybe next year you'll be partaking in this hobby with a special someone.

5. Treat it like any other day!

After all, love is something that you feel every day, not just one out of 365. And be sure to stay positive. If you're looking for love, reassure yourself that next year will be your year; you never know, it just might be.

Valentine's Day can be a bummer for some, but it doesn't have to be. Give some of these tips a try to help you beat those Valentine's Day blues.

Top 10 Love Songs

By Kierra Gordon
Contributing Writer

By: @MrMouthAlmighty

Even in death Whitney Houston's profound sound sends shivers down the spines of audiences.

Love songs can belong to many different musical genres. As Valentine's Day approaches on Feb. 14, these 10 irreplaceable love songs can help anyone get into the spirit.

1. "I Will Always Love You" by Whitney Houston

In the 1992 film, "The Bodyguard," Whitney Houston's version of the 1974 Dolly Parton song was born. "I Will Always Love You" is the perfect example of a song that is short and sweet. The originally two-minute fifty-three-second song entails romantic lyrics speaking about a woman that is leaving but wishing her lover all the best, "We both know I'm not what you need, I will always love you." The vocals are accompanied by instruments such as keyboards, violin, saxophone, drums, and acoustic guitar.

2. "I'll Make Love to You" by Boyz II Men

This hot 1994 released R&B song was for the Motown label. Written and produced by Babyface, the hit single led Boyz II Men's second album. The song stayed at No. 1 on the Billboard Hot 100 for 14 weeks from Aug. 27 to Nov. 26, 1994. "I'll Make Love to You" has very romantic lyrics.

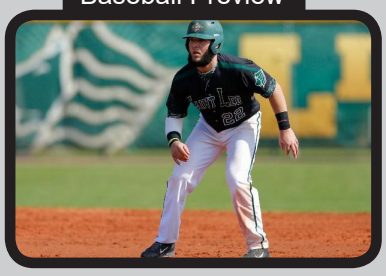
3. "Let Me Love You" by Mario

American singer Mario, released this song on his second studio album, "Turning Point," Nov. 16, 2004. Because of this song, Mario was nominated for the Grammy for Best Male R&B

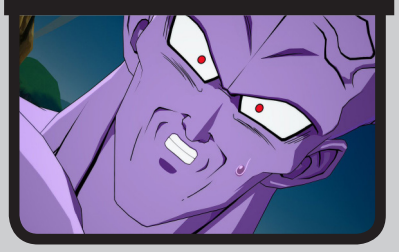
Continued on Page 3.

Here's what you missed online this week at lionsprideonline.com

Baseball Preview

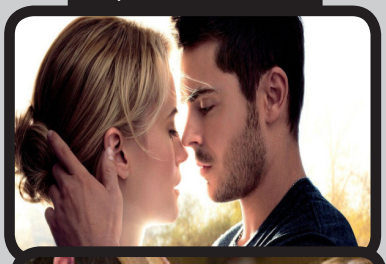


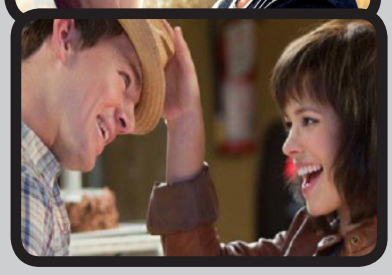
Dragon Ball Fighter Z Review



Inside This Week

Top 10 Date Movies





This Week: Check out our Video Movie Reviews leading up to Black Panther

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Editorial

How to Prepare a Meal for Your Valentine

By Sasha Alcorn
Special to The Lion's Pride

Hey everyone, Sasha here and today I'm going to give all of you some tips, tricks, and even a couple hints on preparing a meal for your date. So, I'm going to take you through the whole night. Going step by step from preparing and cooking the food to plating the menu and picking out the best wine and even the perfect table setting. So, stick with me, and your night will be one to remember.

Step One:
Preparing the Meal

When trying to figure out what it is that you're going to prepare, it's important to remember that you are doing this for someone else and it would be very wise to try and find out what it is that they like to eat. It's best to keep a simple recipe such as meatloaf or lemon and herb-roasted chicken with mashed potatoes and parmesan-roasted broccoli. You can get the recipe from a cookbook, or if you are struggling with what to make you can always visit Foodnetwork.com for lots of fantastic recipes and ideas. When preparing a meal for a date you should make something that is easy, not too time strenuous, and something you know they will love. It's really important, and I can't emphasize it enough, that you should keep things simple and avoid over extravagance. There is absolutely no need to dress to the nines and prepare a five-course dinner. Keep it simple! It's the thought you're going for, not the end-result.

Step Two:
Picking the Perfect Wine

When trying to pick out a wine, you should consider four things:

1) Cost
2) Location
3) Pairings
4) Quality

Now, let's break them down one at a time. First, let's talk cost. Now by no means am I saying you need to go out and spend hundreds or thousands of dollars on bottles of wine, no no no no. However, you also shouldn't go out and purchase the cheapest bottle you can find, this is also bad. Generally, when purchasing a bottle of wine, you should gravitate to the $20 - 30 range. There are many great bottles to choose from at this price range such as Moscato, Arbor Mist, and Entwine just to name a few.

Next, I want to talk location. Now I'm not saying that there is anything wrong with going to your neighborhood Wal-Mart and purchasing a bottle or two of wine, gods know I have myself. However, when purchasing wine, whenever possible, it is best to acquire it from a liquor store. Clerks that work at liquor stores know alcohol, that's their job. In short, the clerk at the liquor store is going to be able to answer any questions you might have better and more knowledgeably than the clerk at Wal-Mart.

Next up to discuss are the pairings. Pairings are simple and rely on what exactly you plan on preparing. If you are cooking fish, pork, or chicken, the white meats, you would want a white or light-colored wine. Whereas if you are cooking beef, you would generally choose a red or dark-colored wine. Now, none of these are set in stone, and you should always consume what you enjoy and what tastes good to you, if that means red wine with fish or white wine with a big juicy steak then that's what you should go for.

The last thing we'll talk about is quality. By quality, I'm talking more about the quality of your taste buds and the quality of the brand. As I stated above, you should always consume what tastes good, and there are many different attributes to how a wine tastes. Some people like more of an oaky-tasting wine while others prefer a creamier wine, it all depends on your taste buds. My personal favorite is Arbor Mist brand of wine because it has a fruiter taste to it. You should experiment and try different wines to find out what you like best.

Step Three:
Setting the Perfect Table

So first, let's start with the tablecloth. If you're going to use a tablecloth, unless it's a "theme" dinner, you should go for more neutral colors such as white, beige, or possibly even black. Plates should

By: Wikimedia Commons

A fancy meal can be just what a relationship needs to kick it into full gear, or simply to restate how much your significant other means to you.

be housed within the same parameters, no patterns and stick to more neutral colors unless, again, you are hosting a "theme" dinner. For those interested, I'll be discussing "theme" dinners in another issue. The reasoning for keeping the plates "clean" is because you want your food to shine, not the plates.

Last but not least is candles and flowers. I have very simple guidelines when choosing candles and flowers for the table. For candles, you want to go for the small, non-scented tea candles. They're small but they give off enough light, and you don't want the fragrance of the candle competing with the smell of your delicious cooking. With flowers, you want to keep them short, simple, and subtle. Just like with the candles you don't want the perfume of the flowers to interfere too much with the smell of your cooking, but you want flowers that have a more subtle scent. Also, be sure to keep the flower arrangement short, you don't want to have to play peek-a-boo with your date because the flowers are too tall for you to see each other. Above all, just keep it simple, I know I've stated it many times throughout this article, but it's imperative that you do. When you make a flower arrangement for your dinner table, it's best to choose two or three flowers of the same color family and base your arrangement around those flowers, that way everything will flow well together and not look cluttered. Also, you definitely should if whenever possible, incorporate some nice herbs into your flower arrangement too, such as rosemary, thyme, or basil; especially if it's in the meal itself.

In closing guys, just the same as Sandra Lee, I would say to "keep it simple" and "keep it sweet," but I think I would also add "keep it fun." Don't get so caught up in the details that you miss the big picture and forget to have fun with it. When you're having fun, they will have fun. So, get out, get cooking, make a mess, and always have a good time.

Campus News

Love Songs Cont'd

Continued from Page 1.

Vocal Performance in 2006. "Let Me Love You" ranked No. 45 on Billboard's All-Time Top 100 Hot 100 singles of the chart's first 50 years.

4. "When a Man Loves a Woman" by Percy Sledge

This song was first recorded at the Norala Sound Studio in Sheffield, Alabama in 1966. It was No. 1 on the Billboard Hot 100 and R&B singles charts. Bette Midler, actress and singer, re-recorded the song 14 years later, and her version hit the Top 40 in 1980. When Michael Bolton recorded the song, his version hit No. 1 on the Billboard Hot 100 chart as well as the Billboard Adult Contemporary Singles chart. The song is literally about a man loving a woman. The slow, romantic song speaks about him loving her unconditionally, "When a man loves a woman, can't keep his mind on nothin' else, he'd trade the world, for a good thing he's found." It sings about a man being wholeheartedly devoted to a woman.

5. "Bleeding Love" by Leonia Lewis.

The British singer released this song from her 2007 debut studio album, "Spirit." The song was both written and composed by Jesse McCartney and Ryan Tedder, produced by Tedder. "Bleeding Love" was the best-selling single of 2007 in Ireland and the UK. It became an international hit in 2008 and was the best-selling single worldwide. "Bleeding Love" is about a woman loving a man despite what she hears about him from people around her, "I don't care what they say, I'm in love with you, they try to pull me away, but they don't know the truth." She defends the negative things people around her have to say about him.

6. "What's Love Got to Do with It" by Tina Turner

This song was released in 1984. It was the first US No. 1 song, ranking #309 on Rolling Stones magazine's list of "The 500 Greatest Songs of All Time" and #38 on the Songs of the Century list. Turner's hit single was the second biggest of 1984 in the US and the 17th biggest in the UK. The title was used as for a biographical film about Tina Turner's life. The hot R&B song is about heartbreak, "What's love got to do, got to do with it, what's love but a second-hand emotion." This song isn't about a perfect love-story, but it is relatable to those who have negative feelings towards love and who have had their heart broken.

@VogueRunway

Through the ages, Mariah Carey continues to show audiences that her relevance to love music is still prominent.

By: @ptnaheed19

Beyonce Knowles has continued to show her devout followers why she has been dubbed "Queen B" with her dorsier of love ballads.

By: @leonalewis

"Bleeding Love" will continue to resonate with listeners both in the height of relationships and at the end of them.

7. "The Power of Love" by Celine Dion

This song was initially recorded and co-written in 1982 by Jennifer Rush, but Celine Dion's cover is most popular; it was produced by David Foster. This was Dion's first No. 1 song in the US; it was at the top of the Billboard Hot 100 for four weeks in February 1994. "The Power of Love" is a more traditional love song. It sings about a more personal, intimate form of love between a man and a woman.

8. "I Have Nothing" by Whitney Houston

This song was released as the third single from "The Bodyguard: Original Soundtrack Album" in 1992 Feb. 20, 1993, by Arista Records. It was certified Gold by the Record Industry Association of America. "I Have Nothing" is about a woman begging her lover never to leave her. She sings, "I have nothing if I don't have you."

9. "Vision of Love" by Mariah Carey

This single is from Carey's debut album in 1990, "Mariah Carey." Carey won Record of the Year, Song of the Year, and Best Female Pop Vocal Performance at the Grammys in 1991 for this work.

10. "Crazy in Love" By Beyoncé featuring Jay Z

This song is from Beyoncé's solo album "Dangerously in Love." It has samples from "Are You My Woman (Tell Me So)" (1970) by The Chi-Lites. The song is a contemporary R&B, pop, love song with elements of hip-hop, soul, and 1970s style funk music. It was No. 1 in the US and UK as well as top 10 in multiple countries. Beyoncé's relationship is already popular in the media; therefore, this song was icing on the cake.

Are there any current movies you would like to see The Lions' Pride Newspaper Review?

Check out our Facebook, Instagram and Twitter Pages and leave a suggestion.

National

Trump's Policies Affect International Student Enrollment

Rebecca Hugh
Advertising Manager

Photo from @aceiglobal

Trump has made numerous offensive remarks regarding immagration. One of the most recent remarks included him referring to some countries, such as Haiti, El Salvador, Honduras, as "s*hole countries" during a negotation regarding immagrantion with lawmakers in the Oval Office.**

Since President Trump has been in office, he has made many changes to immigration laws and policies. He has issued travel bans on several Muslim countries, made changes to the temporary protected status (TPS), and ended the DACA program.

Now, with his many reforms, not only are many immigrants affected, but also American universities are facing the problem of losing money as international students are seeking other countries for their education.

International students typically pay more in tuition than American citizens. However, between the travel ban, visa restrictions, and even Trump's comments about immigrants, the enrollment of international students in American universities has declined.

Newsweek.com calculates that, on average, tuition, room, and board fees for out-of-state students is $36,420 at four-year public universities. Gary Bergman, the founder and president of College Study US says, "if you lose 10 students, that's a third of a million dollars per year in university revenue you're not getting." This is not even taking into consideration the money foreign students spend on housing, clothes, cars, etc.

According to the Institute of International Education, international students contribute $36.9 billion to the U.S. economy each year just in living expenses alone. And, according to the Association of International Educators, they reported that in 2016 foreign students were responsible for and supported over 450,000 jobs in higher education, accommodations, retail, transportation, telecommunications, and health industries.

Some schools in the Midwest, including a few in Missouri and Kansas, reported immense suffering due to the decline in admission rates. Kansascity.com states that the University of Central Missouri at Warrensburg saw a noticeable decrease in enrollment, calculating the international enrollment falling from 2,638 in the fall of 2016 to 944 last autumn.

Avila University also saw an 11 percent decline in international students in 2017 compared to 2016; the University of Missouri Columbia campus saw a 12 percent drop, as well.

Photo taken by Kimberly Scott-Williams

As the executive director of Student Success, Paige Ramsey Hamacher not only pilots the ship for multicultural and international services but also career services.

Despite other universities expressing a decline in admission rates, "Saint Leo has maintained the same number of international students from fall 2016 to fall 2017 with a total of 446 foreign students," expressed Paige Ramsey Hamacher, the executive director of Student Success on the university campus.

Ever since 2008, there has been a drop in the number of US-born students in STEM graduate programs, and international students keep program numbers up. Supplied tech workers also fill the increasing gap left by the declining number of American citizens studying science and technology at the graduate level. However, since then, US Graduate programs have seen a decline in international student admissions, as well.

Within the science and engineering fields, international graduate enrollment dropped six percent from the fall of 2016 to the fall of 2017, and half of that decrease was students interested in the computer science and engineering field, according to PRI.org, an online publication.

Indian students were reported to have the biggest drop in enrollment, as their numbers fell by 19 percent in 2017. Other countries such as Saudi Arabia, Iran, and South Korea also sent fewer students in 2017.

Although Trump's change in immigration policies showed some responsibility for the decline in international admission, his ignorant and discriminatory remarks also played a role.

Trump reportedly, again, insulted immigrants by saying those who came to the U.S. through the diversity visa lottery system are picked "from a bin" and are "the worst of the worst" reported from newsweek.com.

"They have a lottery—you pick people. You think the country is giving us their best people? No. What kind of a system is that? They come in by a lottery. They give us their worst people; they put 'em in a bin. But in his hand, when he's picking 'em, is really the worst of the worst. Congratulations, you're going to the United States," Trump said, speaking to a graduating class of the FBI's National Academy, vowing to tighten restrictions on the lottery and chain migration, according to newsweek.com.

Trump has also made the argument, questioning why international students choose to study in the U.S. when they have alternative options for their education in countries like Canada.

With Trump's blunt and harsh comments on immigrants, his words struck fear in some of the international students on US campuses who fear for their life during and after college.

The Institute of International Education reports that a 56.8 percent of students in institutions reported feeling unwelcome in the United States.

National

Susan Popko, the associate provost of the international program at Santa Clara University in California said, according to newsweek.com, "a student comes into the office highly emotional and full anxiety asking to speak with an adviser urgently..." professing concerns about future possibilities for working in the U.S.

Popko says her students express concerns about the future of the H-1B visa program, as the government recently made it harder for H-1B visa holders to renew their permits.

Many Saint Leo international students have also expressed their concern for what will come next after graduation.

"There has been a growing concern about travel and F1 visa applications more so than before," said Hamacher.

Nevertheless, of the growing concern, there is an effort to stay informed about the policies.

"The Multicultural and International Service Office here on campus works to stay informed on immigration policies so that staffers can inform students who may be affected," Hamacher expresses. "We are available for questions or concerns to our students."

On another note, many universities have publicly voiced their support for their international students. And campuses, such as the University of Missouri, have gone above and beyond to invite students, faculty, and administrators across campus to host international students over the winter holidays.

Photo from @Manifest_Mag

The Association of International Educators reports that in 2016, 10,231 international students in Kansas contributed $261 million to the state's economy, while in Missouri 23,261 international students contributed $706 million.

The university has also launched an online international student ambassador program, where prospective students and their families can engage in live online chats with University of Missouri students from the student's home country.

Also, Saint Leo still strives to recruit international students, and find ways to attract more international students.

"Saint Leo University continues to recruit some of the best and brightest international students from around the world. We continue to diversify our university campus by traveling to new regions and further developing our connections with international high schools and counselors," said Maribeth Stevens, Associate Director of International Admissions." Our international alumni and current international students are some of our best resources when recruiting new students, and we are looking into additional ways to include them in the recruitment process."

Although international students provide diversity, increase the talent pool, and introduce different perspectives not only to US university campuses but also to the country itself, with Trump continuing to push for immigration change, there might be a continued decrease in international students wanting to study in the US.

Gall Bladder and Bile Duct Cancer Awarness

Shantae Whyte
Contributing Writer

February is Gallbladder and Bile Duct Cancer Awareness Month. Gallbladder Cancer and Cholangiocarcinoma, also known as Bile Duct Cancer, are very rare types of cancer. According to a study done by the American Cancer Society, only about 8,000 people are diagnosed with Bile Duct Cancer a year. As for Gallbladder Cancer, four out of every 10 people are diagnosed every year. For this reason, it is even more crucial that persons educate themselves on the symptoms. But first, what is the gallbladder? What is a bile duct? And does everyone even have one?

The gallbladder is a small organ that is found directly underneath the liver, in the upper right side of the abdomen; it is pear-shaped and about four inches in length. The function of the gallbladder is to store bile.

Bile is a dark-green or sometimes yellow-brown fluid secreted by the liver to carry out the digestion of fats. A bile duct is a channel or tube that transports bile from the liver and gall bladder through the pancreas and into the duodenum, a small part of the intestine.

Both of these organs are an important part of the human digestive system; so, the average human anatomy consists of both of these organs.

According to the American Cancer Society, major symptoms of Gall Bladder and Bile Duct Cancer include Jaundice, dark urine, abdominal (belly) pain, nausea and/or vomiting, lumps in the stomach, and itching. Other symptoms include weight loss, fever, loss of appetite, and light-colored or greasy feces.

Persons who are most at risk of Gallbladder and Bile Duct Cancer are those who are older, obese, of Hispanic American or Native American ethnicity, and who have a family history of this type of cancer.

Also, according to the

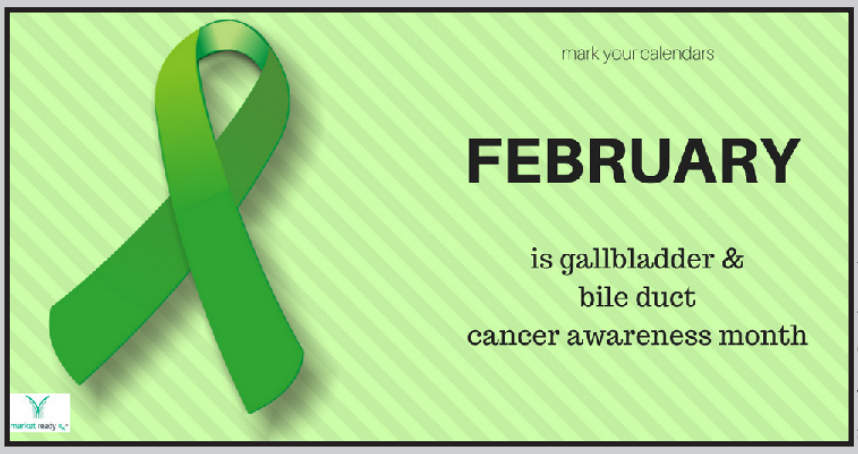

Photo from @marketreadyrx

The color for Gallbladder and Bile Duct Cancer is 'kelly green." People can spread the word by simply wearing the respective ribbon, especially during the month of February.

American Cancer Society, the survival rate after being diagnosed with Gallbladder Cancer, once higher than stage one is less than 30 percent and decreases the higher the stage. For Bile Duct Cancer, in its intrahepatic form (inside the liver) the survival rate is less than 20 percent, from stage one; in its extrahepatic form (outside the liver), the rate is about 30 percent at stage one. Both have a survival rate of approximately two percent in the fourth stage. Like many cancers, the earlier the diagnosis, the better the chance at removing the tumor to get rid of the cancer, but also like other cancers, in an advanced stage a cure is rather unlikely.

Here are a few ways to prevent the chance of being diagnosed with Gallbladder and Bile Duct Cancer: choose whole grains over pressed grains, avoid gaining excess weight at any age, limit alcohol consumption to one and two drinks a day for women and men respectively, and don't smoke.

Arts & Entertainment

The Top 5 Celebrity Couples

By Allison Cobb
Distribution Manager

Whether one is deeply invested in the lives of their favorite movie stars or show a surface level interest, some famous couples are just too cute for words. In the spirit of Valentine's Day, below are our top five favorites.

5. Ashton Kutcher and Mila Kunis

As young actors, Ashton Kutcher and Mila Kunis starred in "That 70s Show," premiering in 1998 and running for eight seasons. The two had an on-screen romance, which some might say led to an off-screen romance. However, it was not until 2012 that the couple started officially dating, after both of them got out of long-term relationships with ugly endings. In 2014 they welcomed their first baby together, and in 2015 they tied the knot. From onscreen to offscreen, these two seem very happy together.

4. Beyoncé and Jay-Z

Beyoncé and Jay-Z are the power couple of the decade. They have had their difficulties, including a cheating scandal in the recent years. Nevertheless, Beyoncé and Jay-Z stuck it out. They welcomed twins in June of 2017, announced with a flowery photoshoot in typical Beyoncé style. Some judge their relationships while others commend them for seeing it through.

3. Blake Lively and Ryan Reynolds

Lively and Reynolds are both very well known, starring in their respective movies and shows. Blake Lively is known for "The Sisterhood of the Traveling Pants" (2005) and "Gossip Girl" (2007-2012); Ryan Reynolds is known for "Deadpool" (2016). The pair has been married for almost six years and seeing them banter between each other is the sweetest thing. While they are not big on PDA, they love to make jokes about each other and seem to have a fun-loving relationship.

2. Ellen DeGeneres and Portia De Rossi

Ellen DeGeneres currently stars in a popular talk show, but that was not always the case. She started out as a young comedian, but after coming out in 1997 via her sitcom TV show, the channel promptly dropped her. Now, she has been married for nine years, something she announced on her talk show, where she also often references her endearing wife, Portia.

1. Ed Sheeran and Cherry Seaborn

These two tend to keep their relationship on the down-low, but nearing the end of January, Sheeran announced their engagement over the new year! The announcement was paired with a sweet polaroid picture of the two kissing. They have been dating since 2015, so after three happy years, they are ready for much more to come.

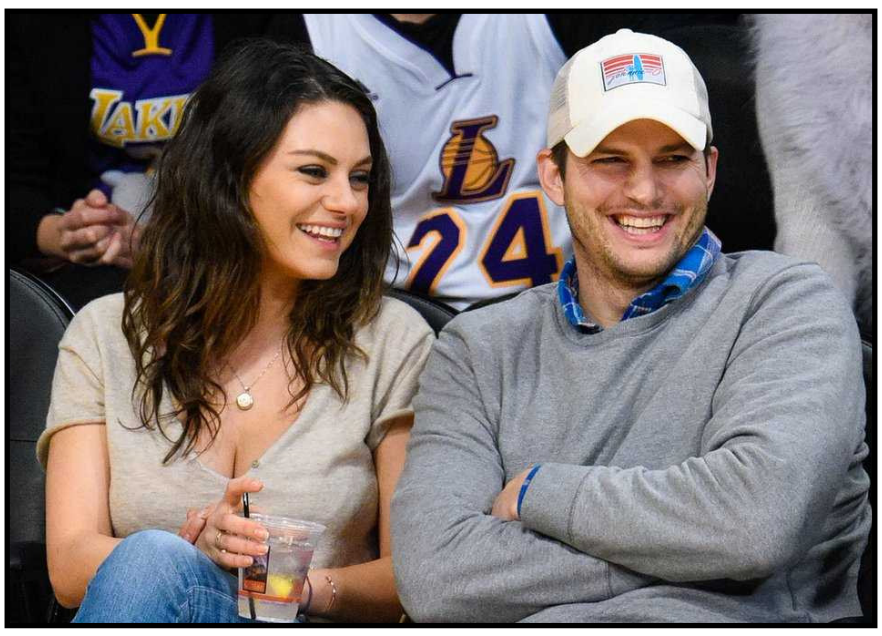

Photo by @milakunispotd

These two met when Mila was only 16, and now, several years later, they are together and happier than ever.

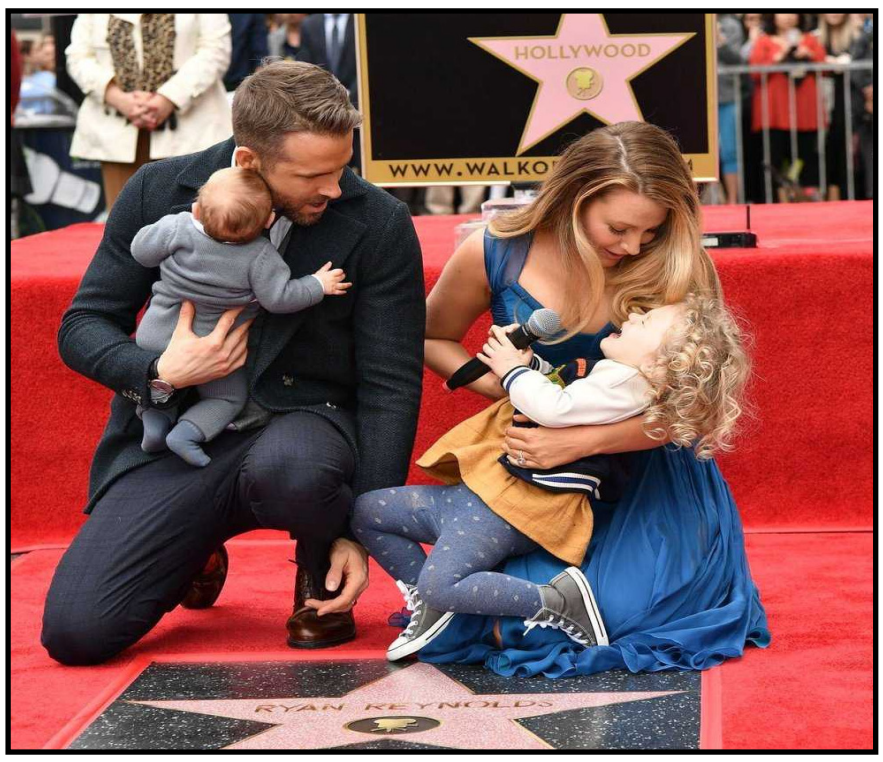

Photo by @otpstreetstyles

The Reynolds family admires the star Ryan was given in Hollywood.

Photos by @TheTabExeter

Ed Sheeran and Cherry Seaborn enjoy sharing a meal.

Photo by @usweekly

Beyonce and Jay-Z have three kids: Blue Ivy, Rumi, and Sir Carter.

Photo by @portiaderossi

Portia posted this on Twitter, claiming it wasn't the best picture, but at least they were caught by the paparazzi wearing clothes from Ellen's line.

Arts & Entertainment

The Top 10 Date Movies

By Victoria E. Calvillo
Contributing Writer

Photo by @Disney

Flynn Rider from "Tangled" is among the most charming of male Disney characters.

10. "50 First Dates"

This film stars Adam Sandler and Drew Barrymore in a romantic comedy about two people meeting for the 'first' time over and over. Adam Sandler plays Henry Roth, a player known for having short flings with female tourists. Drew Barrymore plays Lucy Whitmore, a resident of Hawaii, who suffers from short-term memory loss. When the two characters meet, Henry Roth becomes obsessed with attempting to win over Lucy Whitmore every day, while at the same time putting himself in the dangerous position of the possibility of falling in love with her.

9. "The Proposal"

This romcom stars Ryan Reynolds and Sandra Bullock whom both play characters working at a publishing house. Sandra Bullock portrays Margaret Tate, a no-non-sense businesswoman, working as editor-in-chief. Ryan Reynolds portrays Bullock's assistant, Andrew Paxton, who is eager to get into the editing/writing world. The beginning shows Andrew Paxton despising his boss, wanting nothing more than to get promoted. Margaret Tate acknowledges his desires and knows he will do anything in the world to keep his job if it means he will one day get the promotion of his dreams. However, will he go as far as keeping up a fake proposal so that his demanding boss will not get deported back to Canada due to an expired Visa?

8. "Ghost"

This romance stars Demi Moore as Molly Jenson and the late Patrick Swayze as Sam Wheat. The two portray a young couple moving in together, excited to start their life with one another. The title gives away a major plot element; Sam Wheat dies early in the film, leaving behind his grieving girlfriend, Molly Jenson. After learning there was more to his death than a mere accident, the ghost of Sam Wheat attempts to get messages to Molly through a medium, played by Whoopi Goldberg. Sam battles the living through a thrilling film directed by Jerry Zucker.

7. "Stuck In Love"

This film follows three couples going through the many complexities of love. Father, William Borgens, attempts to reconnect with his children after divorcing his wife. His children Samantha and Rusty struggle to come to terms with their parent's divorce, as well as their personal struggles with their own romantic relationships. Lily Collins portrays Samantha, a girl with dreams to one day become a respected author like her father while attending college, and is all the while being pursued by Logan Lerman's character, Louis. Nat Wolff portrays Rusty Borgens, a high school student obsessed with Stephen King, who also has a massive crush on a female classmate. Nat Wolff's love interest is played by Liana Liberto, a high school student with drug addiction. Throughout the film Rusty and Kate (Liana Liberto) find themselves in a new and exciting relationship; however, obstacles appear when Kate's addictions come into play. Samantha and Louis find themselves in a whirlwind of emotions as they go through an unexpected relationship, while their family lives affect how close they become.

6. "Just Friends"

This romantic comedy stars Ryan Reynolds, Anna Faris, and Amy Smart. Reynolds portrays Chris Brander, who is best friends with Amy Smart's character, Jamie Palamino. The film begins with overweight, high school student Chris Brander wanting to tell his childhood best friend, Jamie, that he is in love with her. After his attempt is interrupted, the film fast forwards to a successful and thin Chris Brander, working at a music record label. Chris is forced into flying to Paris with Anna Faris' character, Samantha. However, their flight takes an unexpected landing, and they are stuck in Chris' hometown. In the events leading up to a reconnection with his childhood best friend and crush, Jamie, Chris focuses on attempting to win her over, while having to babysit his irritating client, Samantha.

5. "The Vow"

This heartfelt love story is about two people attempting to overcome massive obstacles to stay together. Paige, portrayed by Rachel McAdams, is married to Leo, portrayed by Channing Tatum. After falling victim to a car crash and losing her memory, Paige wakes up with no recollection of her relationship with her husband. This causes Leo to try to help ease Paige back into their routine; however, Paige struggles immensely with the adjustment. Paige decides to revert to her last known way of life. The story follows Leo as he continues to pursue Paige, wanting to remind her why they fell in love.

4. "Meet The Parents"

This comedy stars actors Ben Stiller and Robert De Niro. Stiller plays Greg Focker who recently decided he wants to propose to his longtime girlfriend. Upon learning he has to have her father's blessing, Greg goes on the courageous journey of meeting her parents. De Niro portrays Jack Byrnes, the girlfriend's father. The comedy surrounds the two as they go through a disastrous first-time encounter. Jack uses all his resources in attempts to find incriminating evidence as to why his daughter should not marry Greg, as Greg tries with all his power to win over his soon to be father-in-law. Will Greg finally convince Jack Byrnes he is good enough to marry his daughter or will he be outmatched?

3. The "Harry Potter" Films

Harry Potter is one of the largest franchises in the world; the movie series is based on J.K. Rowling's seven novels. The series follows a young wizard by the name Harry Potter, who has a dark past that everyone seems to know more about than he does. Throughout the series, he goes through many life-threatening obstacles with best friends Hermione Granger and Ron Weasley. "Harry Potter" is a great date movie idea for lovers of the wizarding world, watching as Harry Potter battles many intricate fights while also finding love in romance, friendship, and family for the first time.

2. "Secret Life of Pets"

This animated film calls all dog-loving couples to watch. The heartfelt animation film follows two seemingly incompatible new brothers as they attempt to adjust to living with each other. As events begin to derail, the two find themselves on a crazy adventure together while trying to get back home to their owner. Along the way, the two seem to become fond of each other and begin to form a brotherly love toward one another.

1. Disney movies

Any Disney film from "Up" to "Peter Pan" will be perfect for a date night for Disney-loving couples. Disney films contain elements from grief to love and will take viewers on a roller coaster of emotions. Disney-loving couples can bond over their favorite films, while enjoying the magic of Disney world.

Upcoming Events

Dashboard Confessional live in St. Petersburg

Location: Jannus Live
200 1st Ave N, St. Petersburg, FL 33701

Time: 5:30 PM Sat. 03/24/18

Cost: $28.50 general admission

Additional Details: Tickets on sale now. Every ticket purchased online includes one digital copy of their new album "Crooked Shadows," to be released on Friday, Feb. 9. To puchase, visit ticketmaster.com

Sports

Philadelphia Eagles Fly High at Super Bowl LII

By Vincent Pensabene
Sports Editor

"Defense wins championships" is an old cliché in football, but maybe it is time to retire it once and for all after Super Bowl 52.

The New England Patriots and the Philadelphia Eagles competed on the biggest stage in American sports as the Eagles won by a score of 41-33. Several offensive records were broken as the Patriots' defense looked like it reverted to the beginning of the season, and the Eagles had trouble stopping the passing game.

In the 98 years of the NFL, no game in history had more combined yards than this year's Super Bowl (1,151); this was led by New England Patriots' star quarterback Tom Brady going 28-48 for a Super Bowl record of 505 yards and three touchdowns. This was largely without their No. 1 receiver Brandin Cooks, who suffered a head injury early in the second quarter.

The Patriots were unable to completely take control as Philadelphia was able to match their offense and decided before the game to be aggressive for all four quarters, something the Atlanta Falcons and Seattle Seahawks were unable to do against New England in the Super Bowl.

Backup quarterback, Nick Foles, of the Philadelphia Eagles has been the head of this playoff run as the starter, Carson Wentz went down late in the regular season with a torn ACL. Foles and the rest of the Eagles adopted this underdog mentality, wearing dog masks as Las Vegas labeled them the underdogs for each of their playoff matchups after being the No. 1 seed in the NFC.

Foles looked great as well as he went 28-43 with 373 yards adding four total touchdowns (three passing and one receiving) and an interception on the game. Foles was awarded the Super Bowl MVP award for his performance.

Photo by @Sportscenter

Super Bowl LII MVP Nick Foles celebrates winning the first Super Bowl in Philadelphia Eagles' history with his seven-month old daughter Lily.

With the Patriots down five and on offens, Tom Brady was stripped of the ball by Eagles' lineman Brandon Graham who recorded the only sack in the entire game, the most memorable play in Philadelphia sports history.

Brady is now 5-3 in the Super Bowl with this loss, but many argue that he came out looking better with his individual performance. The Eagles won their first Super Bowl and took revenge for their loss on this stage against the Patriots in 2005.

Now with the Super Bowl over, big questions arise, and there will be answers as the weeks and months of the NFL offseason barges on. Will Malcolm Butler resign with the Patriots after only playing one snap? Will the Bill Belichick continue coaching the Patriots after reported riff with ownership? Is this the end of Rob Gronkowski as an NFL player? Will Philadelphia trade Nick Foles after his performance when Carson Wentz returns? Are the Eagles going to have a "Super Bowl Hangover" next season?

Photo by @NFL

Philadelphia Eagles fans will remember this play forever as Tom Brady loses the football and their chance at a second-straight comeback in the SuperBowl.

Upcoming Games Week Ending 2/9/18 - 2/15/18

Men's Baseball
2/10-@ Lee (DH)
1:00 p.m./ 4:00 p.m.
2/4-@ Lee 1:00 p.m.
Women's Softball
2/9-vs Young Harris 7:00 p.m.
2/10- vs Young Harris (DH)
1:00 p.m./ 3:00 p.m.
Men's Basketball
2/10- vs Barry 7:30 p.m.
Women's Basketball
2/10- vs Barry 5:30 p.m.
Men's Golf
Matlock Invitational @ Lakeland, Fla. 2/12 2/13
Men's Lacrosse
2/3- vs Lincoln Memorial 1:00 p.m.
Women's Tennis
2/8-vs State College of Florida 11:00 a.m.

Winter Olympics

February 9th-25th

The 2018 Winter Olympics will take place in PyeongChang, South Korea and the opening ceremony will be Friday, Feb. 9. Some of the sports will include curling, ice hockey, snowboarding, etc. Be sure to tune in and cheer for team USA.

SGU ELECTIONS

The following list comprises some of the candidates slated for Student Government Union (SGU) Election. Elections will be held on February 13, please stay tuned to our Facebook Page for a profile on each candidate.

President
Derick McIntosh
Morgan Wagner

Vice President of Operations
Celine Palmer
Jamar Belizaire
Kenneth Wybieracki
Kira Parisi
Nicole Pesce
Quiwanaki Ramsey

Vice President of Activities
Aliceison Brown
Jessica Weaver
Shantae Whyte
Skylar Heyward
Stanley Klimczak
Vincent Toner

Vice President of Finance
Antonina Spinella
De'Joun Redden
Kristina Niccolls
Melanie Ramos

Vice President of Communication Management
Juliette Stratis
Melissa Opie
Nadia Crawford
Selena Giordano